

Agoura High School Girls Soccer – 2017-2018 Season

Welcome to the Agoura High School girls soccer program!

Here are some of the basic schedules, facts, requirements and general information so that you can plan ahead for the season. This packet includes **Pre-Season Info and Season Info**, as well as links, forms and contact info.

Contact info:

Varsity:

Coach Gabe – Varsity – 805 279 0293;

gdelacruz0@gmail.com

Coach Rob – 805-405-8760 roblooyen@yahoo.com

JV:

Coach Alia Haddad 818-427 2148

Frosh/Soph

Coach Stevie 805 340 3900 trujillostevie19@yahoo.com

Coach notes:

We ask all parents of players to wait 24 hours after a game to contact us regarding your player. It gives us time to evaluate the game. We appreciate your cooperation.

We also ask all parents remain supportive – we handle the teams, the playtime, the positions. You are there to cheer the team and your player. Come and cheer – but don't coach.

Pre-season (September – early November)

Try-outs dates were held in late August. Teams were posted on line.

During off-season, those players who have PE during 6th period will be working out with Coach Gabe or Coach Alia. We focus on speed, agility, shooting and conditioning.

No transport is provided for pre-season games. This schedule is attached and on the web site. Coach Gabe is also scheduling an Alumni Game!

Uniforms and practice jerseys will be handed out by coaches. Spirit Gear will be available for purchase and we will forward you the links. We will also be trying to do some fundraising to get AHS backpacks.

Players provide their own socks. Frosh/Soph and JV need royal blue and black.

Varsity need royal blue, black and white.

Please visit <http://www.agouraathletics.org/main/filesLinks> to download these forms and review other eligibility information.

In order to participate in sports at Agoura High School, students must download and complete the **Athletic Participation Clearance Packet** and submit it on-line. Your athlete will not be permitted to play without these forms completed.

Season (late November – mid February)

Practice – Monday - Friday

Frosh/Soph – every 6th period, 3:00 – 4:30

JV – Daily 4:30 – 6:00

Varsity – 6:00 – 7:45

Some days may be game film review instead of practice.

Games -

Games will be posted on web site and distributed via email as well. Games are held locally, after school on weekdays.

Coach Gabe has players volunteer for shagging balls during Varsity games. Ask your player when they have signed up!

Transportation Waivers –

Players are expected to ride the bus to and from games during season, unless there is an important reason why they cannot.

We have attached the **transportation waiver** link below that needs to be filled out for any parent expecting to provide transportation to or from games.

This form must be filled out completely, approved by coach and submitted to AAC **24 hours prior to the game** in order for you to take your player. Please don't ask the coaches last minute to take your player home from a game. We all understand the homework and other obligations the players have however it is the coaches legal responsibility to safely bring and return the players from the school. The coaches need to keep track of the players and your cooperation in

helping them maintain an accurate roster to and from the games is imperative.

<https://www.lvusd.org/cms/lib/CA01930645/Centricity/Domain/855/Transportation%20Waiver%20Nov.pdf>

Pasta Parties

A great Agoura tradition! The night before a game, a parent volunteers to host a carb loading party – usually pasta but feel free to serve what you like. The team parent will coordinate the schedules. The girls usually come straight from practice. Each team (Varsity, JV and Frosh/Soph) will have their own parties. It's a great time for the players. Usually lasts an hour and it's actually easy – a pot of pasta, some bread and drinks, maybe dessert.

Spirit Wear

Spirit wear order on line this year. There is also a lot of Charger gear sold at the AAC and, surprisingly enough, Target. It's cold out there, so bring your blankets

Picture Day

We will have pictures mid-November, details coming.

Donations

Program Donation- \$250

Donations cover: uniforms, equipment, coaches stipends, tournaments and the general expenses of having a team at a public school. Matching funds much appreciated!

Please make payable to out to **AGOURA GIRLS Soccer** via check or online at the Agoura Web Store (link found on Agoura High School page, under Student Parents Menu).

Transportation Donation - \$175

There is an additional transportation donation of **\$175** per player per school year. It is payable to **Agoura High School** and can be paid same as above – online or at AAC. This expense covers all the transport during the season.

<http://www.agouraathletics.org/main/otherad/contentID/42249102>

As always, pay what you can. If you can't pay the full amount, please consider donating something.

Snack Shack donation - \$25

Not only does the snack shack provide warm food on cold days, but also it's a major part of our fundraising efforts. We are asking for donations of \$25 per family so that we can stock the snack shack. Cash preferred – receipts will be provided.

Also, each team parent will assign your family a snack shack time. You can swap with another family, get another one of your (over 16 years of age) child to work. Please make sure you have your time slot filled.

Many volunteers have brought amazing home cooked food, like chili, nachos, brownies. These also sell great and everyone on the cold bleachers appreciates it.

Volunteers needed –

Laura Starks – website and photographer – lbstarks@gmail.com. Send her your photos to post online!

Erin Kearny – Snack Shack – kearney74@mac.com
Erin will help stock and run the snack shack and coordinate volunteers with team parent.

Liz Cangelosi – communications lizcangelosi@yahoo.com
Will be sending out rosters with emails and working with team parents to coordinate game updates and basic info.

Every year we need to fill the following volunteer sports for regular season:

Team Parents – help coordinate emails to your team, send any last minute alerts and reminders, schedule pasta parties, coordinate snack shack time slots with Snack Shop parent.

Banquet parent – work with coach to secure location, coordinate all details including cost, awards, e-mail notification. Can all be done after normal working hours.

Senior Night – work with coach to celebrate our graduating seniors (easy but fun job – flowers, balloons – one day job).

PRE- SEASON GAMES

Please refer to AHS Athletic Web site for more details. This list is not intended to be inclusive and subject to change.

Dec 4 @ CLU v La Reina Varsity only – 3:30

Dec 6 @ AHS all teams – 3:00/ 4:30/6:00

Dec 8 @ Simi all teams – 3:30/5:00/ 6:45

Dec 9 & 16 Frosh/Soph & JV Hart Tournament, Santa Clarita

Dec 14 @ Royal all teams - 3:30/5:00/ 6:45

Dec 28 – 30 Varsity Hart Tournament, Santa Clarita

Jan 2 @ AHS v OPHS all teams - 3:00/ 4:30/6:00

Alumni Game - TBA